

Level 3 Sports Education

SPORTS EDUCATION – L3SPED					
<i>Course Relationship to the National Vocational Pathways</i>					
Construction & Infrastructure	Manufacturing & Technology	Primary Industries	Services Industries	Social & Community Services	Creative Industries
0	0	0	4	0	4
Course Entry	This course is for students who are interested in developing specific knowledge and skills in sport and is open to a few sports codes. Students must be actively involved in sport. Students will be expected to participate in the College Athletics Day.				
Course Overview	The programme is based around specific fitness development (speed, strength, power) for sport. The skill development focuses on one main sport in which students must take a coaching role. The class has access to a range of professionals who will help improve each player physical, psychological and holistic involvement in sport. All assessments are internal and involve performance based standards.				
Assessment	The course provides 26 credits at level 3. The course uses a combination of sport industry standards and Physical Education standards. All assessments are internal and are based around performance within the sporting code.				
Cost	Cost of outside providers and expert/specialists from the sport industry.				\$50.00

Course 'Aims'

The course provides an opportunity for sport development. With specific focus on weight training and skill development.

Description of Course

Anatomical knowledge is applied to sport. Students are expected to deliver sporting opportunities for others. This is an introduction to standards offered in the Fitness Industry.

Topics

- (a) Sport – Practical skill assessment*
- (b) Coaching in Sports – Research topic*
- (c) Resistance specific training methods - theory*

Achievement Standards

Dates and Venues These are guideline weeks only

U.S.	Title	Activities	Credits	Venue	Weeks/Dates
22768 v2	Conduct and Review a Coaching Session	Coaching skills for beginners	6	Various Fields	Term 2
22771 v2	Plan a Coaching Session	Developing a plan using research	4	Various Library	Term 2
7021	Demonstrate Exercise Techniques	Weights Speed Circuits	8	Weights room Gyms	Term 1
21414	Plan and Lead a Recreational Activity	leadership	4	Various	Term 3
Total 4 Unit Standards					
Total of Credits 22 credits					

**OTUMOETAI COLLEGE PHYSICAL EDUCATION DEPARTMENT
POLICIES AND PROCEDURES**

Authenticity

Assessed work must be your own work. You and your caregivers will be expected to sign authenticity declarations and, where appropriate submit working drafts. Where evidence indicates work presented is not your own work the school policy will be followed, i.e. a non-credit for that unit.

Attendance

You are expected to attend class on a regular basis as set out in the school policy on attendance. If there is a record of consistent non-attendance which could jeopardise safety or the achievement of the rest of the group then an alternative work place will be considered during PE lessons.

It is the students' responsibility to catch up on work that has been missed through non-attendance.

If an assessment is missed a **Doctors Certificate** must be presented to enable student to sit the assessment.

Participation

Students must **participate in 85%** of any practical or theory aspects of this course to be eligible to enter the standard.

Appeals

Appeals of grades awarded are to be made within three school days of the return of assessed work. Where a grade is appealed, school policy will be followed.

Marked work is **not** to be removed from the classroom.

Late Work

Late work will **not** be accepted for assessment unless exceptional circumstance exists, (computer failure is not a valid reason to hand work in late) and an extension will be given by your teacher. Extensions must be applied for **three** days prior to the due date.

Verifying Grades

Students will be required to verify the grades they have been awarded by signing the result slip attached to each piece of work.

Compassionate Considerations

Compassionate consideration for a student who is absent from an internal assessment may be made if there is sufficient evidence available from other work related to the same skill/contact and no other re-assessment opportunity is available.

Retention of Student Work

Your teacher will retain all work completed during this course.