

Level 2 Sport Science

SPORT SCIENCE – L2SPSC					
<i>Course Relationship to the National Vocational Pathways</i>					
Construction & Infrastructure	Manufacturing & Technology	Primary Industries	Services Industries	Social & Community Services	Creative Industries
0	0	0	23	6	23
Course Entry	Entry to Level 2 is dependent upon passing Level 1 and approval from the HOD Physical Education. Practicals include Softball, Coaching a sport to junior students, swimming, basketball and snow boarding or skiing.				
Course Overview	This course extends the knowledge gained at Level 1 and focuses on modules such as Biophysical Principles, Leadership, Skill Development, Skill Performance and Risk Analysis.				
Assessment	Assessment is 100% internal. This means students must be able to complete assessed tasks in the workbooks within a set timeframe. Only one assessment is based on meeting a practical skill standard.				
Course Fees	This course fee is compulsory for all students taking L2SPSC				
	Workbook				\$20.00
	Activities facilitated by outside providers				\$20.00
Trip Fees	Risk Management (Snow Camp) 2 days				\$350.00

Course 'Aims'

The course provides an opportunity for participation in a range of physical activities while applying a theoretical base.

Description of Course

This course allows participating sports students an opportunity to develop their knowledge, strategies and understanding of sporting concepts. The course is a mixture of practical and theory components. Practical components are Softball, Coaching, Swimming, Basketball, Biomechanic experiments and Skiing/Snow Boarding.

Topics

- (a) Biomechanical Principles applied to swimming and athletics*
- (b) Practical Performance: Basketball, Swimming and Basketball*
- (c) Snow camp, applying risk management strategies*

Achievement Standards

Dates are guideline weeks only

AS	Title	Activities	Credits	Dates
91327 2.1	Examine the role and significance of physical activity in the lives of young people in New Zealand	Completing surveys, analysing results and compiling a report	3	Term 3 Week 5 - 9
91328 2.2	Demonstrate understanding of how and why biophysical principles relate to the learning of physical skills	Complete a biophysical analysis on a softball skill	5	Term 1 Week 2 - 7
91329 2.3	Demonstrate understanding of the application of biophysical principles to training for physical activity		4	Term 2 Week 4 - 10
91330 2.4	Perform a physical activity in an applied setting	The highest result will be submitted. Softball - T1 Wk 2-7 Swimming - 400m T2 Wk 4-10 Basketball - T3 Wk 10, Term 4 Wk 1-3	4	
91332 2.6	Evaluate leadership strategies that contribute to the effective functioning of a group	Leadership Award at Otumoetai Intermediate	4	Term 1 /2 Week 9 – 10 Week 1 - 3
91333 2.7	Analyse the application of risk management strategies to a challenging outdoor activity	Theory: Complete RAMS form and explain details. Practical: Attend Snow camp and demonstrate minimising risk on camp	3	Term 3 Week 1 - 4
Total of 6 Achievement Standards				
Total of Credits 23				

OTUMOETAI COLLEGE PHYSICAL EDUCATION DEPARTMENT POLICIES AND PROCEDURES

Authenticity

Assessed work must be your own work. You and your caregivers will be expected to sign authenticity declarations and, where appropriate submit working drafts. Where evidence indicates work presented is not your own work the school policy will be followed, i.e. a non-credit for that unit.

Attendance

You are expected to attend class on a regular basis as set out in the school policy on attendance. If there is a record of consistent non-attendance which could jeopardise safety or the achievement of the rest of the group then an alternative work place will be considered during lessons.

It is the students' responsibility to catch up on work that has been missed through non-attendance.

If an assessment is missed a **Doctors Certificate** must be presented to enable student to sit the assessment.

Participation

Students must **participate in 85%** of any practical or theory aspects of this course to be eligible to enter the standard.

Appeals

Appeals of grades awarded are to be made within three school days of the return of assessed work. Where a grade is appealed, school policy will be followed.

Marked work is **not** to be removed from the classroom.

Late Work

Late work will **not** be accepted for assessment unless exceptional circumstance exists, (computer failure is not a valid reason to hand work in late) and an extension will be given by your teacher. Extensions must be applied for **three** days prior to the due date.

Verifying Grades

Students will be required to verify the grades they have been awarded by signing the result slip attached to each piece of work.

Compassionate Considerations

Compassionate consideration for a student who is absent from an internal assessment may be made if there is sufficient evidence available from other work related to the same skill/contact and no other re-assessment opportunity is available.

Retention of Student Work

Your teacher will retain all work completed during this course.

