

OTUMOETAI COLLEGE
NCEA HEALTH & PHYSICAL EDUCATION LEVEL 3 – (L3HEST) 2019

Dates and Venues: are guideline weeks only

HEALTH STUDIES – L3HEST					
<i>Course Relationship to the National Vocational Pathways</i>					
Construction & Infrastructure	Manufacturing & Technology	Primary Industries	Services Industries	Social & Community Services	Creative Industries
0	0	5	12	3	7
Course Entry	Entry is subject to HOD and dependent on proved performance in NCEA Level 2. The expectation is that students would have gained 12 credits in a written based subject.				
Course Overview	This is a University approved course with opportunities to gain 19 Health credits. It will provide students with the skills to think critically to understand the Inter-relationship between society, community and personal well-being and gain opportunities to take action to improve community well-being. Students will cover a range of topics such as: Adolescent Health Issues (Sexuality, Drugs, Teenage Pregnancy), NZ Health Practices (Alternative Medicine, Traditional Medicine, Western Medicine), Mental Health Issues (Anxiety and Depression) Ethical Issues (Euthanasia and Medicinal Marijuana).				
Assessment	The course will be assessed to Level 3 Achievement Standards. Assessment will be to both internal and externally assessed standards. Students will have the opportunity to gain the maximum of 19 credits at level 3.				
Course Fee	This fee is compulsory for students taking L3 HEST and includes outside providers such as Stand Up Paddle Board, Yoga, Tai Chi, Homeopath, Massage Therapist. <i>Optional:</i> Pilot Bay Alternative Medicine Trip: \$40				\$50.00

Aim
 To complete Health Achievement Standards whilst investigating NZ Health related issues.

Description
 This course will enable students to gain credits from NCEA Level 3 Health and Physical Education.

Topics
 Topics include, Teen Pregnancy, Euthanasia, NZ Health Practices, Mental Health, Health Promotion.
 Practical Activities: Netball, Badminton, Yoga, Pilates, Tai Chi Tough Gal & Guy

Achievement Standard	Title	Activities	Credits	Weeks/Dates
91461 V1	Analyse a New Zealand health issue	Theory	5	Term 2
91463 V1	Evaluate health practices currently used in New Zealand	Yoga, Pilates, Tai Chi Theory	5	Term 1
91464 V1	Analyse a contemporary ethical issue in relation to well-being	Theory	4	Terms 2-3
91465 V1	Evaluate models for health promotion	Health Promotion Theory	5 External	Terms 3-4
Total of 5 Achievement Standards				
Total of Credits 19				

OTUMOETAI COLLEGE PHYSICAL EDUCATION DEPARTMENT POLICIES AND PROCEDURES

Authenticity

Assessed work must be your own work. You and your caregivers will be expected to sign authenticity declarations and, where appropriate submit working drafts. Where evidence indicates work presented is not your own work the school policy will be followed, i.e. a non-credit for that unit.

Attendance

You are expected to attend class on a regular basis as set out in the school policy on attendance. If there is a record of consistent non-attendance which could jeopardise safety or the achievement of the rest of the group then an alternative work place will be considered during PE lessons. It is the students' responsibility to catch up on work that has been missed through non-attendance.

If an assessment is missed a **Doctors Certificate** must be presented to enable student to sit the assessment.

Participation

Students must **participate in 85%** of any practical or theory aspects of this course to be eligible to enter the standard.

Appeals

Appeals of grades awarded are to be made within three school days of the return of assessed work. Where a grade is appealed, school policy will be followed.

Marked work is **not** to be removed from the classroom.

Late Work

Late work will **not** be accepted for assessment unless exceptional circumstance exists, (computer failure is not a valid reason to hand work in late) and an extension will be given by your teacher. Extensions must be applied for **three** days prior to the due date.

Verifying Grades

Students will be required to verify the grades they have been awarded by signing the result slip attached to each piece of work.

Compassionate Considerations

Compassionate consideration for a student who is absent from an internal assessment may be made if there is sufficient evidence available from other work related to the same skill/contact and no other re-assessment opportunity is available.

Retention of Student Work

Your teacher will retain all work completed during this course.