

## The study “so it fits in your brain” plan CRD

Let’s say **one** subject has a **hundred** pages worth of notes/essays/handouts covering **three** different external standards

**Step 1.** Highlight all the most important stuff – don’t go overboard – a whole page highlighted 90% yellow is no good – be selective. Feel free to annotate and generally scribble all over – circle/underline/arrows/comments in margin ... ACTIVE READING

**THIS IS THE MINIMUM YOU SHOULD DO FOR SEPTEMBER EXAMS – STEP 2 WOULD BE GREAT TOO**

**Step 2.** Go back over the highlighted stuff and create a **1-2 page summary for each standard** – bullet points - mind map etc – use colours and little pictures/symbols where you can = brain friendly. There is research to suggest handwritten is better than typed. For English – include the first few words of main quotes e.g. “To be or...” – just enough to trigger the quote – “To be or not to be, that is the question.”

**SO NOW YOU HAVE REDUCED 100 PAGES DOWN TO 3-6 PAGES**

**Step 3.** Condense the three to six pages down to **one big fat A3 (or A4) summary** covering all three externals. Use any kind of abbreviation you like – you have a lot to fit on it – only you have to understand – use mnemonics and acronyms – 2BON2B – “To be or not to be etc”

**Step 4.** Your brain is about as large as a quarter of an A4 page – for each standard, condense your 1-2 page summary notes to **a quarter of a page/a large cue card**. This will probably only make sense to you.

**MEMORISE THIS CUE CARD.**

This triggers the big fat A3 (or A4) summary, which triggers the three 1-2 side summaries, which triggers the whole 100 pages.

YOU WILL ONLY HAVE TIME FOR STEP 1, MAYBE STEP 2, FOR SEPTEMBER EXAMS. YOU CAN DO THE REST IN THE BUILD UP TO THE NOVEMBER (REAL!!) EXAMS. YOU JUST PICK UP WHERE YOU LEFT OFF.